

Cooling Drink: Pomegranate- Mint Cucumber Cooler

(Recipe by Radha Sukhani)

Ingredients: Makes two tall glasses

- Half cup chopped cucumber seeds removed
- Few mint leaves
- One cup pomegranate juice
- Two cups carbonated water (sparkling water)

Garnish

- Few mint leaves
- Few slices of cucumber

Preparation

- In a blender, blend the cucumber mint and pomegranate juice. Add few ice cubes after mixture is smooth and blend again until ice gets crushed.
- Take two tall glasses muddle the garnish (mint and cucumber slices) add the blended mixture Immediately before serving add the carbonated water one cup in each serving. May add a couple of ice cubes if desired.